# The Spartan Spotlight

September 2021

### What's Bakin' in Food & Nutrition

By: Winona Avery

This month, the Foods and Nutrition class with Mrs. Black is learning about cakes. In Foods and Nutrition class you get to learn about food diets, how they affect your body negatively or positively, how to prevent diseases based on your diet, and proper eating habits. They learned the differences between shortened and unshortened cakes. Shortened cakes have fat like butter and unshortened cakes don't have fat. For unshortened cakes the two groups made a cinnamon coffee cake and a pumpkin spice roll cake. First, they had to make a grocery list of all the ingredients and how much they needed. After the groups had the ingredients they went to the kitchens and started baking. They both

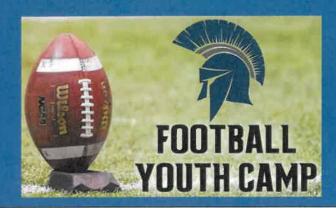




## Youth Summer Football

By: Roman Henderson

The summer youth football camp consisted of 35 participants that ranged between 4th to 8th grade. The campers did well even though the heat was unbearable. It was a one day, non-contact football camp that lasted three and a half hours. They worked hard on their skills, fundamentals, and how to do the positions correctly. The high school coaching staff and the varsity football players helped participants at the event. Everyone had a great time, worked hard, went home happy, and overall did a great job.



# **Science Experiments**

By: Kaleb Kaczor

The science class has done several experiments so far. The anatomy class dissected kidneys. They were given pig kidneys and had to cut them in half. They then examined the inside and drew what they saw.

The sophomores did an experiment involving sections of leaves and a bottle biome experiment. The bottle biome experiment involved the students using a plastic bottle and some other materials to make an environment for a snail. This environment would then be sealed and nothing would be added to it once sealed, relying on the plants to produce oxygen through the process of photosynthesis.

The sophomores also did an experiment with leaves to see what types of light caused photosynthesis. The sections of leaves were put into a vacuum and different lights were shown onto them. If the leaves began to float they were undergoing photosynthesis. These were just some of the several experiments that the science classes have done so far.



Teegan & Natasha dissect a kidney.

Liz, Lanie, and Angel work on their snail biomes.



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# FCCLA Leadership Conference

By: Sabrina Ziebro

On September 19, 2021, officers and members of the Boyd County FCCLA Chapter traveled to Kearney to participate in the FCCLA Fall Leadership Workshop. This group consisted of Teegan Henderson, Katelyn Fletcher, Lilly Magwire, Nathaniel Boettcher, and ReNae Kluckman. The group departed Spencer on Sunday afternoon. Everyone then went to the Big Apple and had a great time playing laser tag together once they were done checking into their hotel rooms. The following Monday, a keynote speaker and a variety of very engaging and hands-on sessions were keeping all the members busy. All students at this event heard from members of the Nebraska FCCLA State Officer Team, the State Peer Officer Team, and other chapter leaders about state and national programs, leadership development, and chapter management. There were over 500 members from across the state who were able to gather together for an in person experience for the first time in over a year due to covid. The members enjoyed how they were able to interact with other members and make new friends at the conference.

## **Spartans Youth Volleyball Club**

By: Mercedes Brooks

Spartan Youth Volleyball started practicing in the beginning of September and will practice throughout the month. They have practice every Saturday morning for 2 hours. The girls practice the basic fundamentals of volleyball. The games will start in October and they will be playing against other teams. The first game/tournament is Saturday, October 2nd. This consists of grades 4th-6th who wanted to join. There are 21 girls that go out for youth volleyball, and the coaches are: Tiffany Ziesler, JoElla Orhi, and Allison Higgins.



## 7th Grade Art

By: Emiliana Collins

Mrs. Dennis had the 7th graders working scratch art owls. Here are some of her highlights!

Gracen Eckert



Cheyenne Boettcher



Khloe Gonzales



## **Husker Harvest Days**

By: Eli Arellano

The FFA students went to Husker Harvest Days to learn about agriculture outside the classroom and interact with the professionals that are there. One of Ms. Nolles' favorite things about Husker Harvest Days is to see the people she met in college and interact with them. The FFA goes to Husker Harvest Days to network with industries.

