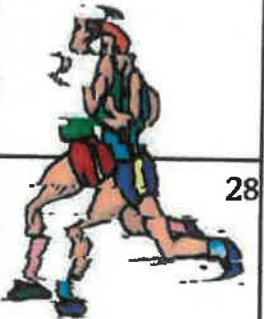



Served Daily for Breakfast  
 Cereal Toast Smoothie  
 Fruit Bar Juice Milk



# September 2019

Served Daily for Lunch  
 Fruit Veggie Bar  
 Fresh Baked Buns Milk

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 <b>No School</b>	3 <b>French Toast</b> Scalloped Potatoes and Ham Mandarin Oranges	4 <b>Long Johns</b> Walking Tacos Black Bean Salsa Applesauce	5 <b>Biscuits &amp; Gravy</b> Pizza Green Beans Strawberry Cups	6 <b>Choco Chip Pancakes</b> Build Your Own Turkey Sub Baked Apple Slices	7 <b>Alternate Menu</b> Yogurt Parfait or Chef Salad 
8 	9 <b>Mini Pancake &amp; Sausage Bites</b> Spaghetti Pineapple Garlic Bread	10 <b>Ham &amp; Egg Sand</b> Mr Rib Applesauce Jello Candied Carrots	11 <b>Cinnamon Rolls</b> Mashed Potato Bowls Corn	12 <b>Waffles</b> Chicken Nuggets Coleslaw Mandarin Oranges	13 <b>Breakfast Pizza</b> Chicken Fillet Sand Potato Salad Peaches	14 Spicy Chicken Wrap or Chef Salad
15 <b>Strawberry Pancakes</b>	16 <b>Hot Dog Bar</b> French Fries Pears	17 <b>No Breakfast Late Start</b> Runza or Bunza Macaroni Salad Applesauce Cups	18 <b>Donuts</b> Tater Tot Casserole Green Beans Pears	19 <b>Hashbrowns Muffins</b> Pulled Pork Sand Chips Baked Beans	20 <b>French Toast Sticks</b> Chicken Alfredo Corn Pineapple	21 <b>Mand Orange Ckn</b> or Chef Salad 
22 	23 <b>Cheese Omelet</b> Tacos Tater Coins Black Bean Salsa	24 <b>Biscuits &amp; Gravy</b> Hot Ham & Cheese Taco Salad Peaches	25 <b>Long Johns</b> Turkey N' Gravy Mashed Potatoes Peas	26 <b>Waffle Sticks</b> Broccoli Cheese or Chill Soup Cinnamon Rolls	27 <b>Coffeecake &amp; Sausage</b> Sloppy Joes Creamed Cucus Applesauce	28 Turkey Wrap or Chef Salad
29 	30 <b>BBerry Pancakes</b> Cavatini Cottage Cheese Pineapple	<h2>Boyd County Schools          Spencer/Lynch</h2>				

SEPTEMBER

2019 BOYD COUNTY ELEMENTARY MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BREAKFAST: Assorted: Cereal & Fruit; Juice & Milk	2 	3 Yogurt Parfait Meatball Sub Marinara Sauce Green Beans	4 Egg & Sausage Beef Patty Mashed Potatoes/Gravy Broccoli	5 French Toast Stromboli Roasted Carrots	6 Cinnamon Roll Deli Sandwich Baked Beans Harvest Chips	7 
4 LUNCH: Salad & Fruit / Vegetable Bar Milk	9 Pancakes Shredded Pork / Bun Tater Rounds	10 Omelet Pork Patty Peas Dinner Roll	11 Coffee Cake Spaghetti & Meat Sauce Green Beans Garlic Bread Stick	12 Breakfast Sandwich Ham & Cheese /Bun Sweet Potato Fries	13 Hash Brown & Sausage Chicken Nacho & Chips Black Bean Salsa	14
11 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	16 Smoothie & Mini Donut Beef Stroganoff Peas Cornbread	17 Egg Casserole Chicken Nuggets Mashed Potatoes/ Gravy Corn Dinner Roll	18 Strawberry Cr Cheese Bagel Turkey & Cheese Wrap and Roll Green Beans	19 Boiled Egg BQ Rib / Bun Baked Beans	20 Cinnamon Twist Biscuit Pizza Green Beans	21
22 Muffin	23 Egg ToGo Chicken Tender Wrap Glazed Carrots	24 Sausage & Egg Glazed Chicken Broccoli / Cheese Rice Dinner Roll	25 Ch Chip Pancakes Hamburger or Cheeseburger Tator Rounds	26 Omelet Nacho Bar Refried Beans Cowboy Salsa	27	28
29 Long John Sloppy Joe / Bun Sweet Potato Fries	30					
